

Reflections offers full-range of laser and aesthetic services

Reflections, a center for skin and body, on Route 22 East in Bridgewater, was developed by Mitchell Chasin, M.D. and Ian Brodrick, M.D. in 2000. Reflections offers a full range of laser and aesthetic services as well as a full complement of cosmetic surgery options.

Laser services provided at Reflections include laser hair removal, laser treatments for acne, acne scars, rosacea, brown spots, spider veins, wrinkle reduction and photorejuvenation. The physicians at Reflections use several different lasers, which they are able to tailor to each patient's specific skin type and desired outcome.

Acne and acne scars affect tens of

millions of teens and adults, often causing significant issues with self-esteem and self-confidence. Existing therapies have included dermabrasion, excision, ablation and chemical peels. These have had only marginal efficacy and often unacceptable complication rates and downtime requirements following the procedure.

In January 2003, the FDA cleared the Smoothbeam laser as the first and only laser to effectively treat acne and acne scars. There now became an alternative to the existing routine treatment regimens for acne, namely topical and systemic medicines which often have unwanted side effects.

Used for adolescents and adults,

the Smoothbeam laser works directly at the root cause of acne, namely the sebaceous gland (oil gland). The treatment has been documented to improve both the function as well as the architecture of the gland itself.

The Smoothbeam laser causes a substantial, long-term decrease in the number and severity of acne flares. It also stimulates the body to produce collagen, which helps to minimize the appearance of acne scars.

Treatments are provided at monthly intervals and vary between three to five treatments, depending on the severity of the condition being treated. Improvement is generally noted with acne even after the

first treatment. At Reflections, the Smoothbeam laser treatment takes approximately 30 minutes and there is typically no downtime after the procedure.

Dr.'s Chasin and Brodrick are board-certified physicians and fellows of the American Society for Laser Medicine and Surgery as well as members of the International Society of Cosmetic Laser Surgeons.

They provide complimentary consultations before the laser treatments are performed to give patients an opportunity to learn more about the procedures and to ask questions.

Dr. Jill Hazen is a board-certified plastic surgeon on staff at

Reflections who provides consultations for plastic surgery as well as providing Botox and collagen injections.

Reflections also offers a full-range of skin care treatments including Microdermabrasion, Micropeels, customized facials, massage and body treatments in its modern, elegant facility.

Reflections is at the corner of Grove Street and Route 22 East in Bridgewater, with easy access from all major highways. The phone number is (908) 575-1122 and Web site, www.reflectionscenter.com.

Hours of operation are 10 a.m. to 8 p.m. Tuesday through Thursday, 10 a.m. to 6 p.m. Friday and 9 a.m. to 4 p.m. Saturday.